

Age and Dancing

Older People and Community Dance Practice

Diane Amans

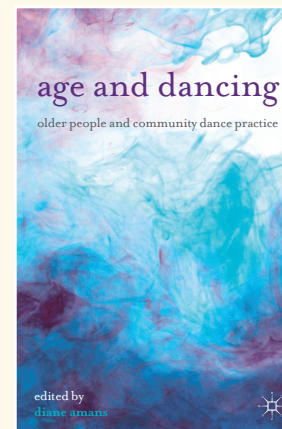
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This highly readable introduction to dance with older people combines key debates and issues in this field with practical guidance, as well as a useful resources section with 'toolkit materials'. An ideal beginners guide for students, practitioners and dance artists alike.

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DIANE AMANS is the founder of Freedom in Dance, and a leading practitioner and training consultant. She writes regularly for a range of professional publications and is an invited speaker at conferences around the world. Her career has included working in education (schools, FE and Open University), managing dance projects in diverse community settings and continuing professional development in the arts as well as in health care.



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