

Welcome
to the Centre of Excellence in
**Movement
Dance and
Dementia**

If you work in dementia care and you are interested in:

- Non-pharmacological approaches
- Extending the range of interventions
- Using movement, dance and physical activity
- Helping carers maintain positive relationships
- Having access to specialist expertise

Then the Centre of Excellence in Movement, Dance and Dementia can help you.



With all of us in mind

What is the Centre of Excellence in Movement, Dance and Dementia?

The Centre of Excellence aims to equip health professionals and others working in dementia care with the knowledge and skills necessary to explore and develop the use of movement and dance.

The Centre aims to:

- Raise awareness of movement, dance and physical activity
- Offer training to deliver movement, dance and physical activity
- Increase the use of dance and physical activity
- Provide a hub of knowledge and information
- Develop a forum for debate and dissemination of knowledge, skills and information
- Establish a network of key organisations, individuals and health professionals
- Help staff and others working closely with people living with dementia and their carers to implement the skills and knowledge

For more information about the Centre of Excellence in Movement, Dance and Dementia visit

www.dancedementiahub.co.uk

Please note this website will be developed over time.

To register your interest in joining
email: **dancedementiahub@swyt.nhs.uk**